

Rules Swimming

AGE GROUPS

Juniors 9yrs 10yrs 11yrs 3 age groups

Seniors 12yrs 13yrs 2 age groups

STROKES

Freestyle, Backstroke, Breaststroke.

FORMAT

Each event will consist of 2 heats and a final. The 4 fastest competitors from the 2 heats will contest the final. If there are only 4 competitors entered for an event, it will be swum as a straight final. If there are less than 4 competitors then the event will be cancelled. The Junior and Senior events will be held as 2 separate competitions. Both the Junior and Senior Relay will consist of 1 girl and 1 boy from each of the age categories i.e. 6 swimmers for juniors and 4 swimmers for seniors.

N.B. STRICTLY ONLY 2 REPRESENTATIVES FROM EACH VILLAGE WILL BE ALLOWED ON POOLSIDE. ONE PERSON MUST REMAIN WITH THE SWIMMERS & SEND THEM UP PROMPTLY, WHILST THE OTHER PERSON SHOULD SUPERVISE SWIMMERS AT THE START OF EACH RACE

RULES

Each village may enter 1 girl and 1 boy per stroke, per age group. Male and female will swim separate races. A swimmer may swim up an age group but the minimum age is 9yrs. Swimmers unable to dive may start in the water. No more than 1 full stroke may be swum under water. Breast stroke swimmers are required to complete their race by touching with both hands. Only official Saddleworth Village Olympics photographs or video are allowed poolside.

N.B. GIRLS **CANNOT** SWIM AS BOYS

EVENT SCHEDULE

Team sheets must be submitted by 6.00 pm 1 week prior to the event.

The heats, finals and relays will be per event schedule and teams must be submitted prior to the day of competition.

WARNING

Foul and abusive language will not be tolerated and may result in competitors being dismissed from the event/tournament.

Spectators must not coach from the side lines and intimidation of officials will not be tolerated

Revised – July 2019 – amendments to age groups, format, rules and event schedule