

Rules

Dodgeball



AGE GROUPS

Junior 10/11 yrs 12/13 yrs Mixed Option – 2 age groups

TEAM COMPOSITION

7 players from a previously named squad of 10. Squad players should be rotated to allow everyone a game. Substitutions during play will not be allowed except for injury.

FORMAT

- A 'round robin' competition to determine the finishing places.
- The winning team is that which 'eliminates' all its opposition within the allotted time.
- If there is no winner at the end of the allotted time ie there are still players on the pitch from both sides, then the game will be re-played and the team with the most players still on the pitch at the end of the allotted time will be the winner.

RULES

- Games will last no longer than 7 minutes.
- On the command of 'Dodgeball' players will run into the middle and try and grab a ball, if they manage to do so then they must run back to their base line before throwing the ball.
- Players are not allowed to cross the halfway line at any point.
- Players are only allowed to leave the field of play if they are retrieving a ball.
- Players are permitted to use a ball to block incoming balls.
- Players are out if:
 - they are hit by the ball below the head without the ball bouncing
 - the opposing team catches a thrown ball
 - they attempt to catch the ball and drop it
 - if their ball is knocked from their hands whilst using it to block incoming balls
- If a player is out they must sit on the side of the pitch and wait.
- If a team mate catches a ball, then the first person out is back in.
- **NO HEAD SHOTS!** If a player strikes an opponent in the head with a ball they will be issued with a warning. If aggressive play persists they will be sent off the court.
- The umpire's decision is final.

SCORING

Win – 3 points

Draw – 1 points

If there is a tie on points, the outcome will be based on the result of the match between the 2 teams.

WARNING

Foul and abusive language will not be tolerated and may result in players being dismissed from the event/tournament. Spectators should not coach from the side-lines and intimidation of officials will not be tolerated.