



UPPERMILL TEAM TRAINING SCHEDULE 2021

Please note children may attend as little or as many sessions as they wish

MONDAY: BLOCK A	ATHLETICS*	Junior (7-11)	Girls/ Boys	St Chad's School	Monday 2 Aug; 16 Aug and 6 Sept.	6.00 - 7.00 pm
	TUG OF WAR*	Junior (8-11) Senior (12-13)	Mixed	St Chad's School	Monday 9 Aug; 23 Aug and 6 Sept.	6.00 - 6.30 pm, apart from 6 Sept, which will be 7.00 - 7.30 pm
	RUGBY*	Junior (7-9) Junior (10-11)	Mixed	St Chad's School	Monday: 9 Aug; 23 Aug and 6 Sept.	6.30 - 7.15 pm, apart from 6 Sept, which will be 7.30 - 8.15 pm
MONDAY: BLOCK B	DODGEBALL	Junior (10-11) Senior (12-13)	Mixed Mixed	St Chad's School Astro Pitch	Monday 2 Aug; 16 Aug and 13 Sept.	7.15 - 8.00 pm, apart from 13 Sept, which will be 6.00 - 7.00 pm
	HOCKEY (please bring shin pads and gum shield for training)	Junior (10-11)	Mixed	St Chad's School Astro Pitch	Monday 9 Aug; 23 Aug and 13 Sept.	7.15 - 8.00 pm, apart from 13 Sept, which will be 7.00 - 8.00 pm
TUESDAY	FOOTBALL** (please bring shin pads for training)	Junior (7-9) Junior (10-11)	Mixed	St Chad's School Astro Pitch	Tuesday 3 Aug - 31 Aug; 7 - 21 Sept.	6.30 - 7.30 pm
		Senior (12-13)	Boys		TBC - if there is an interest	6.30 - 7.30 pm
	ROUNDERS	Junior (7-9) Junior (10-11)	Girls	Uppermill Cricket Club	Tuesday 10 Aug - 31 Aug; 7 Sept.	4.45 - 5.45 pm
		Senior (12-13) Senior (14-16)			Tuesday 10 Aug - 31 Aug; 7 Sept.	4.00 - 4.45 pm
WEDNESDAY	BADMINTON (please note there is a charge of £1.50 per child for the hire of the court)	Junior (7-11)	Girls/ Boys	Saddleworth School	Wednesday: 4 - 25 August; 1 Sept.	4.30 - 5.15 pm
		Senior (12-16)				5.15 - 6.00 pm
	SWIMMING TRIALS (please bring swimming cap and goggles, if you have them, for training)	Junior (9-11); Senior (12-13)	Girls/ Boys/ Mixed	Saddleworth Swimming Pool	TBC - if there is an interest	TBC
THURSDAY	BASKETBALL	Senior (12-13)	Mixed	TBC	TBC	TBC
		Senior (14-16)				
	CRICKET	Junior (7-9)	Mixed	Uppermill Cricket Club	Thursday 5 Aug - 26 Aug; 2 Sept - 23 Sept.	6.00 - 7.00 pm
		Junior (10-11)			Thursday 5 Aug - 26 Aug; 2 Sept - 23 Sept.	
		Senior (12-13)			Boys	
NETBALL	Junior (7-9) Junior (10-11)	Girls	St Chad's School	Thursday 12 Aug - 26 Aug; 2 Sept - 9 Sept.	3.30 - 4.30 pm (10-11 year olds) apart from 2 - 9 Sept which will be 4.30 - 5.30 pm 4.30 - 5.30 pm (7-9 year olds) apart from 2 - 9 Sept which will be 5.30 - 6.30 pm	
	Senior (12-13) Senior (14-16)	Girls		TBC - if there is an interest	TBC	
FRIDAY	TENNIS	Junior (10-11) Senior (12-13)	Girls/ Boys/ Mixed	Tame Valley tennis club	TBC - if there is an interest	TBC

* Please note that a Zumba exercise class will be held on the St Chads Astro Pitch at the same time, so we will need to respect the privacy of these other users.

** Please note that an adult netball training session will be held on the St Chads rear playground at the same time, so we will need to respect the privacy of these other users.

Coaches: Badminton - Justin Parkinson, Jay West, Deb Parkinson and Simon Bird; Basketball - Jay West; **Block A sports:** Athletics/Rugby/Tug of War - Simon Bird, Ellie Jones and Eleanor Bird; **Block B sports:** Dodgeball/Hockey - Simon Bird, Gareth Davies, Ellie Jones and Eleanor Bird; Cricket - Jay West and Ellie Jones; Football - Bruce Carter and Jay West; Netball - Kerri Roberts, Danielle Corrigan and Vicky Holt; Rounders - Helen Bradbury; Swimming Trials - Simon Bird and Deb Parkinson; Tennis - Simon Bird

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